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Newsletters

USD Nurses' Honor Society

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## USD Nurses' Honor Society Newsletter (1982 04.05)

Sigma Theta Tau. Zeta Mu Chapter (University of San Diego)

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ZETA MU CHAPTER  
SIGMA THETA TAU  
RESEARCH PROGRAM  
by Ruth Grendell

- WHAT?** The finishing touch to the celebration of joining Sigma Theta Tau has been planned for you by the Research Committee. It will be an exciting and interesting presentation of four projects conducted by local nurse researchers.
- WHO?** Margaret Stevenson, R.N. EdD. will discuss "The Level of Graduate Nurses from a BSN Program as Perceived by the Graduates and Supervisors." Dr. Stevenson is the Director of Pt. Loma College School of Nursing.
- Karen Smith, R.N. MN, and Kim Moreno, R.N. MSN, have prepared a comparison study of pre-hospitalization orientation in relationship to patient perceptions. Their work is involved with the perinatal unit at Sharp Memorial Hospital.
- Valerie Seech, RN BSN, and Maryanne Garon, R.N. BSN, will present their Veterans Administration Hospital based research on "Registered Nurse and Physician Perception of Selected Activities with the Role of Registered Nurse."
- Sharon McDonald, R.N. PhD. will discuss the fourth study concerning "The Relationship with Visable Light Rays and the Experience of Pain." Her study has the theory of Martha Rogers as its framework. Ms. McDonald is a faculty member of the School of Nursing at San Diego State University.
- WHERE?** The program will be at the Philip Y. Hahn School of Nursing  
University of San Diego  
Room 106
- WHEN?** Saturday, May 8, 1982. Registration begins at 8:15 a.m. The program will conclude at 12:30.
- HOW?** You may pre-register by mail. Forms will be available by mail, soon. Also, announcements will be posted at various San Diego institutions.
- Cost is \$20.00 for Sigma Theta Tau members. \$25.00 for non-members. Pre-registration forms can be mailed to Nursing Research Program University of San Diego, and should be mailed by April 24. 4 CEU's are available.
- WHY?** Research is an integral part of nursing practice. The Research Committee members feel that local research must be recognized. This is our first annual program supporting these endeavors. We welcome and encourage your participation.

MRS. HAHN - WE REMEMBER. . .

Muriel Marsh Hahn, was the widow of Philip Y. Hahn and long-time benefactor of the University of San Diego.

A native Californian and lifelong Episcopalian with membership in the Point Loma All Souls Episcopal Church, Mrs. Hahn's philanthropic interests were wide ranging. She joined the Board of Trustees of the University of San Diego in 1975, shortly after her husband's death, continuing his interest in the Philip Y. Hahn School of Nursing, now housed in a facility dedicated in 1979 as the Muriel Marsh Hahn Pavilion. She made major contributions through personal gifts and through her guidance of the Philip Y. Hahn Foundation, which also funded scholarships in the USD School of Law. A member of the President's Club and the School of Nursing Board of Advisors, Mrs. Hahn also supported the USD crew program, the Friends of Music, the USD Auxiliary, and numerous other activities of the institution.

Another major interest of Mrs. Hahn's was San Felipe del Rio, a private, non-profit, non-sectarian home for dependent children located near Taos, New Mexico and founded through her late husband's efforts in 1971. In 1980, she was honored at ceremonies dedicating the Muriel Marsh Hahn Library at the home.

Mrs. Hahn - We Remember. . . (con't from page 1)


Mrs. Hahn's many community and civic activities included service in the Motor Corps of the American Women's Voluntary Services during World War II, work with the Girl Scouts of America, and in San Diego the Country Friends, Social Service League, Committee of 100, San Diego Symphony Women's Committee, Salk Institute, and the Omega Chapter of Kappa Alpha Theta Alumnae, with which she had been affiliated since her college days at the University of California, Berkeley.

Born in Bakersfield to Walter Snook, an English architect and geologist with Standard Oil, and Harriet Burdett of Canada, the late Mrs. Hahn lived in California until her marriage in 1923 to Francis Caldwell Marsh, an officer in the Royal Air Force. Their life together took them to India and England, where daughter Pamela was born. When Marsh was killed in a 1928 accident, his widow returned to California, shortly before the arrival of son Peter. Many years of community involvement and motherhood occupied the young widow, and in 1958 she and the late Philip Y. Hahn, owner of the former Crossman Arms, were married. The couple moved to San Diego in the late 1960's.

Mrs. Hahn is survived by her children, Peter Caldwell Marsh of San Diego, and Pamela Marsh Markmann of Berkeley, and by five grandchildren.

USD nurses fondly remember Mrs. Hahn and are appreciative of her generosity and inspired by her life.

CALENDAR 82

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- |       |      |  |
|-------|------|--|
| April | 1    | Final payment induction fees due.  |
|       | 3    | CNA Brunch - 9-11 a.m. USD DeSales Hall -- \$6.50.                                   |
|       | 5    | Induction Committee Meeting 5:30 p.m.  |
|       | 5-11 | Spring Break.  |
|       | 12   | Executive Committee Meeting 6:30 p.m. -- Frost Street.                               |
|       | 13   | GSNA "Students & Faculty Evaluations".   |
|       | 17   | CNA Region I Swapmeet (for information call 835-0332).                               |
|       | 19   | SD Government Relations Interest Group - CNA -- 7:00 p.m.<br>USD Philip Hahn School. |
| May   | 3    | RN Day in Sacramento.  |
|       | 6    | National Nurses Day.   |
|       | 7    | Zeta Mu Induction.   |
|       | 8    | "Nursing Research in San Diego" 8:15-12:30 at Philip Hahn<br>School of Nursing.      |
|       | 17   | Nurse Educators Interest Group - CNA.  |
|       | 23   | Commencement USD.  |
| June  | 25   | Thru   |
| July  | 1    | ANA National Convention in Washington, D.C.<br>1-800-821-5834 for information.       |
|       | 10   | Publication of Newsletter.   |

\*NOTE: Corrections & additions to the roster published in January will appear in the new directory available on May 7th.

\*\*CNA had the largest membership gain last month of all the U.S. Keep up the good work.



GAMMA GAMMA CHAPTER

Gamma Gamma Chapter will be presenting the following program in honor of NATIONAL NURSE RECOGNITION DAY:

May 6            4-5:30 p.m. Panel discussion on the Past, Present and Future of Nursing with SR Irene Palmer University Hospital main auditorium. (Parking Available) No fee for program.

                  7-9:30 p.m. Beatrice J. Kalisch RN Ed.D. F.A.A.N.  
                         Philip Kalisch Ph.D.  
                         University of Michigan, Ann Arbor  
                         School of Nursing

"The Image of Nursing in the Media".

Location to be announced. Fee for dinner to be announced.

NEWS FROM THE EXECUTIVE COMMITTEE

The executive committee would like to extend thanks to Christine Brown who retires from the office of Vice President this month. As a member of the original steering committee since 1978 and a member of the first graduating class of the USD MSN Program, Chris has been a leader in the society and the nursing community in San Diego. Chris will continue membership on the program committee where she has directed the educational programs for the last two years for the USD Nursing Honor Society.

We would also like to thank Aloma (Cookie) Gender who has completed a two year term as treasurer. Her efforts in organizing the financial records, collection of dues, reimbursements, development with the finance committee of the job description for Treasurer and her insights into planning the budget have added a great deal to the organization. Her skills in Nursing Management have been a great help to the executive committee. She will continue to serve on the Finance committee.

The board would also like to welcome Mary Fallon, Vice-President and Chris Trelease, Treasurer who begins a two year term of office. The Eligibility committee's efforts in identifying, screening, and presenting 20 nursing leaders for consideration at the last business meeting is appreciated. Carolyn Cassle continues as chairman.

The Research committee under the leadership of Santa Carol Houggard has screened the research submitted after the "call for papers" was announced in San Diego. Their work is evident and the quality and variety of Nursing research to be presented May 8. Many thanks to all committee members.

The Induction committee under the leadership of Linda Craycraft has completed the planning stage and are in the process making final arrangements and collecting last minute forms from members. All information must be submitted to National within three weeks of the Chartership. Your cooperation with their efforts will benefit the entire membership.

An ad hoc committee has been formed under the direction of Karen Zappone, President. Maralyn Telles, Juli Peters, Donna Schmidt and Regina Micone have been successful in soliciting pledges of \$400.00 from the community for the Leadership Directory. Community groups will have an opportunity to congratulate the society as well as advertise their support for Nursing in the Directory to be distributed at the chartership ceremony. The Directory will be printed annually. Many members have participated in this maiden voyage. Pamela Johnson has been working hard collecting data and working with data processors on the leadership information. The directory will aid members in gaining additional knowledge about each other research and or clinical areas of expertise and interest.

LEGISLATIVE UPDATE

by Sue Instone

California State Assembly bill #370, sponsored by Assemblywoman Morehead, provides for third party reimbursement for nurse psychotherapists. It has passed the assembly 3-1-82 and State Senate 3-4-82. It is now on the desk waiting for his signature. This bill sets a precedent for the Nursing profession in California and will pave the way for future legislation.



NATIONAL NURSES DAY IS MAY 6

The U.S. Congress has designated May 6 as National Recognition Day for Nurses. It is also being described as National Nurses Day. This national recognition is the result of the efforts of New Mexico nurses who assisted their representative in writing a bill to proclaim a special day to honor the nursing profession.

Nurses are encouraged to participate in their professional organizations and work settings in whatever way they feel would express the importance of nursing. The American Nurses Association has posters and video public service announcements available for local publicity if nurses are interested in arranging media coverage. Some organizations celebrate "Nurses Week" during this time, focusing on a different area of practice each day. As leaders in the San Diego nursing community, the members of Sigma Theta Tau have an obligation to bring this proclaimed day to the attention of our colleagues, clients, and students. Anyone interested in posters or other information on National Nurses Day should contact the CNA Region I office (714-835-0332). If you'd like to see Sigma Theta Tau do something, call Leslie Clark with your ideas; perhaps we can form a task force and help spread the word about National Nurses Day.

WELLNESS WEEK IS EVERY WEEK  
by Leslie Clark

The week of February 21-26 was designated by the Governor's Council on Wellness and Physical Fitness to be Wellness Week throughout the state of California. San Diego businesses were very involved in promoting health, offering free classes, demonstrations, and materials to the public during this time. As a task force member and the coordinator of Physical Fitness Day I was able to appreciate the many hours of preparation; that went into making this week a successful one. Over 150 organizations participated, including 4 hospitals, numerous clinics, fitness centers, aerobic dance studios, nutritional centers, schools, and businesses.

The ultimate goal of Wellness Week was to kick off a campaign for health that would continue through the year, in the form of increased awareness of health, the environment, life-styles, nutrition, stress reduction, and exercise. The enthusiastic response we received from the public in the form of emotional and financial support indicates that our goal will be achieved.

Through our consistent concern with health, we as nurses can extend Wellness Week to include every week of the year. Our personal health practices are reflected in the way we work with clients, and whether we are aware of it or not, we are often viewed as role models to others. I sincerely hope that our profession continues to evolve into the health promotion focus of care so beneficial to the health care consumer. By our efforts, a week of wellness can become a life of wellness!!

MEMO

The latest details on the Induction Ceremony.

PLACE: Philip Y. Hahn School of Nursing - Room 108.

DATE: Friday, May 7.

TIME: Ceremony at 7 p.m. - Dr. Irene Palmer is guest speaker.  
Champaign - desert buffet to follow.

DRESS: Semi-formal.

FEES: \$ 25.00 Sigma Theta Tau membership dues.

\$ 7.00 Reception fee (due by 4-5-82).

SEND TO: Elaine Monos, 9332 Alto Drive, La Mesa, CA 92041, 463-4705.

NOTE: If anyone doesn't receive Sigma Theta Tau membership acceptance forms call Elaine Monos.

\$ 15.00 USD Honor Society membership dues.

SEND TO: Cookie Gender, 11320 Trebol Street, San Diego, CA 92126,  
271-9530.

\$ 3.00 Photo fee (optional).

\$ 2.00 Membership directory for community leaders.

--Keys and charms can be purchased so they can be received during the induction ceremony or anytime thereafter.

--Members can bring a guest.

-Marybeth Koch



ONE NURSE'S OPINION  
by Sue Instone

Did you know that third party reimbursement for nurse midwives and nurse practitioners is a reality in the state of Maryland? The Maryland Nurse's Association, under the leadership of Marilyn Goldwater, successfully lobbied over a period of three years to achieve the passage of two separate bills. The first, the nurse midwifery bill, passed in early 1979. The nurse practitioner bill passed later that year, after a more difficult passage through the legislative process. Of great significance is that both of these pieces of legislation include a provision for nurse midwives and nurse practitioners to qualify for insurance reimbursement. In both cases, the nurses neither need to be employed by a physician or act secondary to a physician's order. The nurse activists were opposed by the State A.M.A., the Board of Medical Examiners, and Blue Shield of Maryland. While there were set-backs along the way, the nurses who were involved pointed out that each obstacle presented a learning experience and only served to heighten their resolve to try again. As many nurses are beginning to recognize third party reimbursement is a crucial requirement for independent nursing practice. The "Maryland experience" is testimony to the ability of nurses to actualize the autonomy of our profession.

(For more information on the strategies used by the Maryland nurses and the historical development of third party reimbursement, see the March, 1982 issue of the American Journal of Nursing.)

NURSES CAN INFLUENCE DECISION MAKERS!!

"Real political issues cannot be manufactured by the leaders of political parties. The real political issues of the day declare themselves, and come out of the depths of that deep which we call public opinion."

-James A. Garfield

Next to personal contact, written contact is still the most potent hit. Anytime a legislator gets more than three letters on an issue, she is alerted that, indeed, it is an "issue" and she should explore what position ("scale in hand") she should take. Phone calls to legislators' offices run third in level of importance. Calls do have an effect and should be considered as auxiliary "hits," especially if they're from influential people.

Before a legislator votes on the issue, he reviews his file on the bill which will include letters received about it, and probably a note about the number and kind of phone calls. Of course the hotter the issue, the greater number of "hits" a legislator will probably receive on it. Make sure that the most and best "hits" (the "billboard effect")-in person, by mail and phone-happen from people with your view of the issue.

TIPS FOR WRITING

- Identify the bill by author, number, and subject.
- State very explicitly the reason for your position. Tell how the issue would affect you, or others you know.
- Use your own words, not a form letter.
- Base your stand on examples of how the issue would affect the legislator's own district, don't constantly write to your legislator on every issue.
- Keep your letters short and clear.
- Type on your personal, business or organization letterhead, with a return address on both letter and envelope.
- Avoid threats. Be reasonable and constructive.
- If your legislator pleases you, tell him/her so.
- Write about only one subject in each letter - be brief.
- Be sure your letter is courteous and legible, and don't threaten or make promises, such as, "If you oppose us we'll be forced to support your opponent in the next election."
- Begin with a commendation for a vote or speech if possible.
- Support a courageous stand and encourage continued leadership.
- Raise questions. A well-formulated question can express a viewpoint and encourage response.
- Ask for a reply which will indicate the legislator's position on the issue.
- Note on your letter (with cc:) that you're sending copies of your letter to influential people who share your view and to local newspaper "Letters-to-the Editor" columns.

Nurses Can Influence Decision Makers!! (Con't from page 5)

Use the Proper Form of Address:

- For State Senators:

The Honorable \_\_\_\_\_  
California State Senate  
State Capitol  
Sacramento, CA 95814

Dear Senator \_\_\_\_\_:

- For State Assemblymen:

The Honorable \_\_\_\_\_  
California State Assembly  
State Capitol  
Sacramento, CA 95814

Dear Assemblyman (woman) \_\_\_\_\_:

SAMPLE LETTER TO A LEGISLATOR

(Personal/Organizational letterhead whenever possible)

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Date \_\_\_\_\_

Elected Official's Name \_\_\_\_\_  
Address \_\_\_\_\_

Dear \_\_\_\_\_,

I am writing to request your "aye" vote on the (nickname or description label for 'the bill'), (bill number) by (bill's author), on which you will be voting on (date) in the (name) committee.

I believe you would want to support it because. . .

It will affect people in your district in several ways. . .

I personally know of one relevant situation where. . .

Other organizations in support of the bill include. . .

Please tell me your position and let me know if there is any additional information you might need on the issue. Feel free to call me by phone: (number).

Warm Regards  
(sign your name)

\_\_\_\_\_  
Type your name beneath your  
signature

Credit from:  
Cutting Deals With Unlikely  
Allies; An unorthodox  
Approach to Playing the  
Political Game  
by Kare Anderson

SPRING BUSINESS MEETING  
by Chris Trelease

The Spring Business Meeting for the U.S.D. Nurse's Honor Society was held Monday, March 15 at 7:30 P.M. at the University of San Diego Hahn School of Nursing. Election of officers was held, resulting in Mary Fallon-Smith elected Vice President, Chris Trelease, Treasurer and Dr. Evelyn Anderson, Faculty Advisor. All officers will serve a two year term.



Spring Business Meeting (Con't from page 6)

Members voted in 20 new members to the Honor Society, who will be invited to the May 7 Induction Ceremony. New members are: Paulett Becker, Mary Louise Braney, Sharon Burt, Claudia Calhoon, Garnette Fletcher-Overdorf, Lilah Harper, Sonya Hoaly, Harriett Huddle, Judith Hurtz, Regina Izu, Susan Maddox, Judith McKeever, Ann Marie Mulligan, Tom Oertel, Merry Onufrieff, Joan Pruchniak, Janice Sapsis, Rita Stender, Blair Wallace and Shirley Walters.

The Program Committee reported the Honor Society has secured a BRN provider number for future educational programs, which have been recommended to include CEU's. Future programs will be targeted for nurses in the San Diego community, to meet specific needs of special groups of nurses. The Committee is also interested in establishing closer relationships with nursing educators in area hospitals.

The Publicity Committee is continuing to work on publishing the Membership/Leadership Directory. This will include names and addresses of members, with some professional information about each member. They are also seeking outside pledges to advertise in the directory, which will only be distributed to members this year. The Committee is also working on a Publicity Committee Procedure Board, which will hopefully aide future members.

The Bylaws Committee reported on the passage of the most recent bylaw, which will increase the term of office to two years.

The Induction Committee reported that the Induction Ceremony will be catered by "The French Gourmet" and that music will be provided during the reception.

The Research Committee is working on the First Annual Spring Research Program "Nursing Research in San Diego," sponsored by Sigma Theta Tau. The program will be held on Saturday, May 8.

The meeting was adjourned by President, Karen Zappone, followed by a social hour in the School Lounge.

SPRING 1982 ELECTION RESULTS

Congratulations to the three new officers of Zeta Mu chapter, elected at the March business meeting. They are: Mary Fallon-Smith, Vice President; Chris Trelease, Treasurer; and Evelyn Anderson, Faculty Advisor.

Mary received her MSN At USD and is currently employed at Sharp-Cabrillo Hospital as special projects coordinator, parttime supervisor, and inservice educator. We thank her for agreeing to wear yet another "hat".

Chris also graduated from USD's MSN program, and is a Clinical Nurse Specialist at the VA Hospital, and coordinator of Patient Teaching. Her treasury training comings from a challenging, (frustrating) year as the GNSA's treasurer (this is an in-joke that only other treasurers of GNSA will understand).

Dr. Anderson has a Ph.D. from the University of Surry, England, and has been a professor at USD since 1979. She teaches research, issues, and role theory in the master's program, and undergraduate research. Always in need of more to do, Evie has served as faculty advisor to several nursing organizations while at the University of Texas and continues committee involvements at USD.

We welcome these capable new officers, and wish them a successful term in office. Thanks again to Jennifer Collins, who compiled the ballot and chaired the Nomination Committee, and the other candidates who consented to serve. We always need your support, and it's gratifying to see positive responses when volunteer committments are required.



MEMBER NEWS

Ann Stewart spoke at the March 1 & 2 meeting of the Western Gerontologic Society in S.D. She presented data analysis on 100 patients using her own newly developed tool, the Geropsychiatric rating scale.

Rehab Administrative Nurse Cookie Gender, was one of three nurses selected to attend the Association of Rehabilitation Nurses meeting in Chicago February 3,4,& 5. She will be developing the content for a seminar on incontinence which will be presented several times a year in major cities throughout the United States. The trip is sponsored by the Hollister Company.

Congratulations to our members who are graduating this May.

They are:

Receiving BSN Degree

Patricia A. Allahand  
Melinda P. Bork  
JoAnn Clark  
Yvonne S. Coover  
Vicki Coverstone  
Mary E. Roth  
Sue Instone  
Easty A. Law  
Marilyn V. Telles  
Rita Osterman  
Nancy J. Owen

Receiving MSN Degree

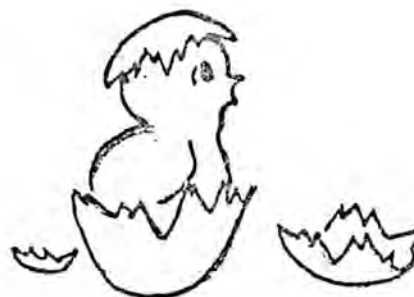
Judith McKeever  
Eleanor K. Fulks  
Merry Onufrieff  
Carol Judkins  
Rita Stender  
Richard E. Peterson

We wish you much success and welcome your contribution to Professional Nursing.

The Executive Committee for 1982-83 will be joined by Chris Trelease and Mary Fallon-Smith - welcome. We would like to recognize the officers and committee chairpersons who give their time and energy to our organization:

President - Karen Zappone  
Vice President - Mary Fallon-Smith  
Secretary - Mary Caffery  
Treasurer - Chris Trelease  
President Elect - Pamela Johnson

Committees: Counselors - Evelyn Anderson and Patricia Roth  
Research: Santa Carol Hougard  
Induction: Linda Craycroft  
Eligibility: Carolyn Cassels  
Nominating: Jennifer Collins  
Finance: Joanne Clark  
Program: Mary Fallon-Smith  
Bylaws: Pamela Johnson  
Publicity: Pamela Johnson  
Historian: Chris Trelease



The Newsletter of the USD Nursing Honor Society is published quarterly by the Publicity Committee of this Society.

Address correspondence to USD Nurses Honor Society, Box 53, Philip Hahn School of Nursing, Alcalá Park, San Diego, 92110.

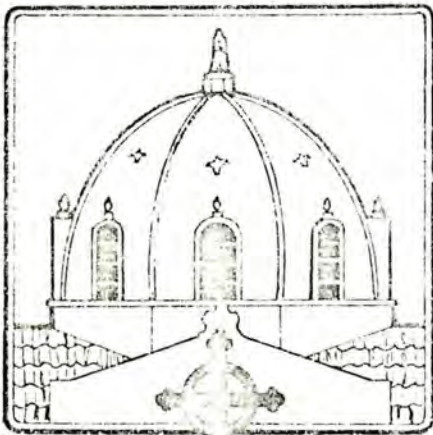
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Prevention: Leslie Clark, RN, BSN  
Member News: Linda Craycraft, RN, BSN  
Legislative Update: Sue Instone, RN, BSN  
Historian & Program Report: Chris Trelease, RN, MSN



HAPPY EASTER

See you on May 7 at the Induction.

UNIVERSITY OF SAN DIEGO  
NURSING HONOR SOCIETY  
PHILIP HAHN SCHOOL OF NURSING  
ALCALA PARK, BOX 53  
SAN DIEGO, CA 92110



# University of San Diego

NURSING HONOR SOCIETY NEWSLETTER

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